MarshfieldChildren's CaresforKids Week of: May 25 - May 29

Kids:

"Marshfield Children's Cares for Kids" wants you to have fun while you're off school! Every day, we will have five very different, awesome activities for you to try. We want you to send pictures and videos of you doing the activities, with your parents' or guardians' permission and help. We want to see the science projects you make, your drawings, your dance moves, your sports skills, your favorite books and more! When you send pictures and videos, you will have a chance to see them on Marshfield Clinic Health System's Facebook and Instagram pages!

Parents/Guardians:

"Marshfield Children's Cares for Kids" compiles and creates top-quality, interactive, educational activities. Through this project, we in the Center for Community Health Advancement (CCHA), Marshfield Clinic Health System, want to help engage your children in fun learning activities they'll love while they're at home during the COVID-19 pandemic. Each week, we will focus on four subject areas and provide hands-on activities for each subject every day That's 20 activities a week! Subject areas will include: art, science, physical education, social and emotional learning, math, reading and writing, music, STEM (science, technology, engineering, and mathematics) and more.

With your permission and help as parents/guardians, we encourage your family to post picture/video comments or tag us on social media -@MCHS.CCHA. We will share some photo and video comments submitted to our pages and your families will have a chance to see themselves featured on our social media accounts!

Social media post guidelines to see your post(s) featured:

• Must be on Facebook or Instagram, or emailed to community.health@marshfieldclinic.org.

For us to see your public Facebook and Instagram posts, pictures/videos must be submitted as a comment on our weekly calendar post. Or, you can post on your page and tag @MCHS.CCHA. Please use #MarshfieldCaresForKids. Sending via email will keep your account private.

- Photos/videos do not need to include your child or family in them. You may submit pictures/videos of finished artwork, science projects, books, writing or any other projects.
- Videos should be no longer than 60 seconds.
- If you submit a post/video, we will consider that as permission for us to share your content.



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	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM Art	Nature Faces	NATIONAL GEOGRAPHIC KiDS Make a t-shirt tote	De or early retrorik tart to recognize accelered by our early retrorik tart to recognize accelered the tart to the define your devokues to the melicit because the device the tart of patients to the the define the tart of the device the tart of the device the devic	Funny Fill In	DIY Plastic Pins
11:00 AM Physical Activity	Workout with Spiderman!	Arthor & Family Health Workout Time!	Join Joe for PE!	Pick your own fitness moves	Indoor Workout
1:00 PM Healthy You	BE KIND AT Zetler Hiller • Distance is Zen Hill Be Kind	Introduce Healthy Eating with D.W.	OF IDEAS AND WAYS TO HELP YOU COPE Coping Strategies A to Z	Coronavirus Explained	We all have mental health We All Have Mental Health
3:00 PM STEM	Make a Slushy	Learn about Clever Creatures	Fly Through a Nebula	Code Combat	Animal Care That Counts

See our recorded and live kids activities at https://www.facebook.com/MCHS.CCHA/live_videos

